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User manual

Q-Go



NIJLAND

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Q-Go

	Model	EAN:
	Q-Go Junior (Small)	8720261260464
	Q-Go 1 (Medium)	8720261260440
	Q-Go 2 (Large)	8720261260457

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Information

Introduction

This manual provides you with important information about the use of the Q-Go. We recommend reading it carefully before using the walking aid for the first time. This way, you will become familiar with the main components and learn how to use it safely and comfortably.

It is important to follow the instructions in this manual. Doing so ensures not only your own safety but also that of others. In addition, it helps to keep your aid in good condition and to enjoy it to the fullest.

Keep this manual in a convenient place so that you can consult it at any time. For the latest version, you can contact Nijland Cycling. We will make sure you always have access to the most up-to-date information.

We hope you will enjoy using the Q-Go. Enjoy every outing knowing that you are well prepared.

Kind regards,

Team Nijland Cycling

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Conformity

Nijland Cycling declares as the manufacturer that the Q-Go is produced in accordance with the MDR Regulation (EU) 2017/745, risk class 1. The declaration of conformity is available from the manufacturer.

First Use

Your dealer should review the following points with you:

1. Ensure the bike is properly adjusted to your body height and weight.
2. Practice in a calm environment to get familiar with the bike and develop proper control.
3. Practice using the hand brakes on different types of surfaces.
4. Try riding at different speeds and learn how to maintain balance.
5. Take your time to get used to the bike and gradually increase the length of your rides.
6. Regularly check the bike to make sure everything works correctly and is properly adjusted.

Dealer's Initials: _____ **Date:** _____

Use

The Q-Go walking aid is designed for individuals who require support while walking, for example due to reduced mobility, stability, or coordination. Depending on the situation, supervision during use may be necessary. If the user has limited cognitive ability, it is important that a supervisor provides clear instructions regarding the safe use of the walking aid.

The user must be able to move independently and participate responsibly in traffic, while observing the applicable traffic regulations. It is essential that the instructions in this manual are followed carefully. Any use of the Q-Go walking aid other than as described in this manual falls outside the responsibility of Nijland Cycling.



Management

Tips

- Never use a high-pressure cleaner for cleaning. The water can remove lubrication and cause moving parts to wear out more quickly. Instead, use a clean cloth.
- Never apply lubricants to the brakes, as this may reduce their effectiveness.
- If you or your dealer adjust the height of the handlebar or saddle, make sure that the safety marking is not visible.
- Always ensure that you are clearly visible to other road users when using the Q-Go.

Maintenance

You are responsible for maintaining your bike. We recommend having repairs and servicing carried out by your dealer. To ensure long-lasting enjoyment of your bike, it is very important to regularly check the following points:

Monthly:
Check the tire pressure, the function of the reflectors, the brakes, and whether the seat post and handlebar stem are securely fastened. Also check for play in the headset or wobbling in the wheels.

Every six months:
Grease the seat post and handlebar stem to prevent wear. Check whether the wheel axles are securely fastened, inspect the bolts and the headset for play. Also check and tighten the screws of the saddle and handlebar.

Annually:
Have your Q-Go checked at least once a year by your dealer. This inspection includes the frame, front fork, wheels, brakes, and hub. The rims should also be inspected for deformation and cracks.

At the back of this manual you will find a maintenance history, where all work carried out is recorded.

> ***Note:*** *Any parts replaced during maintenance must be of the same brand and type as originally used by Nijland Cycling. It is not permitted to use other parts as replacements.*

Safety

Safety comes first. Please observe the following points to ensure a safe and enjoyable ride:

- The Q-Go is intended for individual use.
- Make sure the Q-Go is properly adjusted to your size as a user.
- Before each use, ensure the Q-Go is in good condition. Always check that the brakes are functioning correctly and that the tires are sufficiently inflated.
- Regularly check that the wheels, handlebar, and saddle are securely fastened, and that all bolts are tightened.
- Use the Q-Go on the most solid and level surface possible. Be aware of potholes and uneven terrain, and adjust your speed accordingly.
- Do not use a high-pressure or steam cleaner for cleaning.
- A lock is not supplied with the Q-Go. We recommend using a sturdy cable lock.
- Always lock the Q-Go when leaving it unattended.
- Be careful not to reach dangerous speeds when descending.
- Remember that braking distances are significantly longer on wet roads.
- Extra caution is required during pregnancy due to a higher risk of injury.
- Do not leave the Q-Go in direct sunlight; some parts may become very hot and cause skin sensitivity upon contact.
- After an accident or incident, have the Q-Go checked, even if no visible damage is present.
- Always carry a mobile phone and ensure your dealer's number is saved in your contacts.
- Always ride well-prepared.
- Be careful when making sharp turns or crossing speed bumps; adjust your speed accordingly.

Extra precautions are required if a child is using the Q-Go:

- Never allow a child to use the Q-Go unsupervised.
- Always make sure the child wears a helmet, and check that it fits correctly.
- Ensure the child wears bright, reflective clothing so that he or she is clearly visible to other road users.
- Warn the child to brake in time when going downhill or entering tunnels to prevent dangerous speeds.
- It is recommended to attach a safety flag to the Q-Go that extends above the child for better visibility.

Installation of accessories

- The installation of accessories is only permitted when the bicycle is specified as suitable for this according to the product specifications. Always follow the installation, usage, and safety instructions provided by the manufacturer of the relevant accessory, and ensure that installation is carried out by a qualified professional.
- When using a child seat in combination with a suspension saddle, there is a risk of finger entrapment. Check the safety of this combination or replace the saddle if necessary.

Note: Installed accessories may affect the riding characteristics of the bicycle.



Prevent Theft

- Always lock your bike.
- If using a cable lock, secure your bike to a fence or post. If the cable is long enough, pass it through the frame and front wheel.
- Every bike has a unique frame number, which can be found on the frame sticker located on the seat tube.

Frame number: _____

Components

Reflectors

The Q-Go is equipped with reflectors at both the front and the rear.

Tires

If your tires are not at the correct pressure, they will wear out more quickly. Therefore, we recommend regularly checking that your tires are properly inflated. The tires are at the correct pressure when you can just slightly press them with your thumb. Riding on properly inflated tires is much more comfortable and makes steering easier. The recommended tire pressure for the Q-Go is between 2.4 and 3.5 bar.

Brakes

The brakes are among the most important components of your walking aid. The Q-Go is equipped with a single brake on the front wheel. Use the brake gradually to reduce speed. Always check that the brakes are functioning properly before using the Q-Go. If you notice that the brake lever must be pulled almost all the way to the handle, the brake needs to be readjusted. Always have this done by your dealer..

Saddle

When your Q-Go is delivered, your dealer will adjust the saddle to the correct height with you. If you want to adjust the height yourself, open the seat post clamp and raise or lower the seat post to the desired height. Then close the seat post clamp to securely lock the seat post in the seat tube (see Figure 1).

> ***Note:*** *The safety marking on the seat post must always be hidden to ensure safety (see Figure 2).*



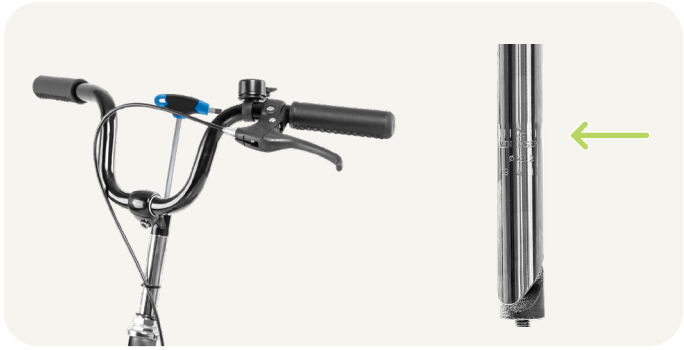
1 Adjusting the Saddle

2 Height Marking

Handlebar

You can adjust the height of the handlebar by loosening the expander bolt (see Figure 3) and moving the handlebar up or down.

> ***Note:*** *Make sure the safety marking on the handlebar stem is not visible when the handlebar is inserted into the steering tube (see Figure 4).*



3 Loosen the bolt using an Allen key

4 Height Marking

Grips

Although we take great care when installing the grips, they may become loose over time due to exposure to sunlight, temperature changes, and aging. Therefore, regularly check whether the grips are still secure by trying to twist them. If a grip is no longer firmly attached, it should be tightened using an Allen bolt.

Lock

The Q-Go is supplied without a lock. It is recommended to use a cable lock to prevent theft. The cable lock can be used by unlocking it with the key and then securing the Q-Go with the cable (preferably to a post or fence).

Accessories

For the Q-Go 1 (Medium) and Q-Go 2 (Large), various accessories are available, such as:
- Detachable silver handlebar basket
- Wider saddle
- Adjustable handlebar stem, adjustable with Allen key
- Cane holder, handlebar mounting
- Q-Go side support (for 3-wheel model)

For the Q-Go Junior (Small), various accessories are available, such as:
- Fixed small basket
- Banana-style saddle

Transport and Storage

- If you want to transport the Q-Go by car, make sure this is done safely.
- We recommend storing the Q-Go in a dry place.
- If you store the Q-Go for an extended period, we recommend cleaning it first.
- If you start using the Q-Go again after it has been unused for a long time, it is important to check the tire pressure and inflate the tires if necessary.



Details

Specifications

The Q-Go is a compact mobility aid that allows you to cover longer distances easily when walking for extended periods is difficult. By sitting on a saddle, your joints and legs are relieved, allowing you to move safely. The low step-through makes mounting easy. The correct seating and walking height can be easily set using the height-adjustable seat post and adjustable handlebar. Its compact size and lightweight design make it easy to take along in a car or on public transport.

Low Step-Through
The Q-Go features a low step-through, allowing you to get on the aid with ease. It provides a comfortable and stable riding experience.

Relaxed Seating
The ergonomic Q-Go saddle is designed for comfort and support during longer rides. Its anatomical shape and soft padding reduce saddle pressure and prevent discomfort.

Customizable with Accessories
Do you have special requirements or need specific adjustments for comfortable movement? No problem! The Q-Go can be adapted to your needs. Various accessories are available, such as a basket, cane holder, wider saddle, and adjustable handlebar.





	Q-Go Junior (Small)	Q-Go 1 (Medium)	Q-Go 2 (Large)
Length (cm)	105	112	118
Width (cm)	56	57	57
Weight (kg)	9	9,5	9,9
Adjustable Saddle Height (cm)	± 40 - 60	± 60 - 82	± 72 - 93
Step-In Height (cm)	13	16	16
Front Wheel (inch)	12	16	16
Rear Wheel (inch)	12	16	16
Max. User Weight (kg per person)	60	175	175

Warranty

- Nijland Cycling provides a 5-year warranty on the frame and front fork
- A 2-year warranty applies to other components, as long as they are not subject to normal wear and tear
- Only the first owner is entitled to the warranty; it is not transferable

Warranty is not granted if:

- The bike has been used improperly or carelessly, or has been damaged in an accident
- Components are subject to normal wear, such as tires, cables, etc.
- The bike has not been maintained according to the instructions in this user manual
- Repairs have been carried out unprofessionally
- The construction of the bike has been modified

Other provisions

- You can only claim warranty if you can present the warranty certificate together with the purchase receipt

Warranty Certificate

This warranty certificate must be carefully completed and kept together with your proof of purchase for up to 5 years from the date of purchase.

- Bicycle details:
  Brand and model: _____
  Frame number: _____
  Date of purchase: _____

- Owner details: _____
  Name: _____
  Address: _____
  Postal code and city: _____

- Dealer details:
  Name: _____
  Address: _____
  Postal code and city: _____
  Phone number: _____

Service, Maintenance & Modifications Form

You can only claim warranty if your bicycle has undergone the service intervals listed below.

	Service:	Performed on:	Dealer initials:
	After first 200 km or 2 months		
	Service 1 years after delivery		
	Service 2 years after delivery		
	Service 3 years after delivery		
	Service 4 years after delivery		
	Service 5 years after delivery		

We recommend continuing with an annual service even after 5 years. Omitting this does not affect the warranty period, as the warranty expires after 5 years.

Modifications to the bicycle

	Modified:	Performed on:	Performed by:

Note! Only Nijland Cycling is authorized to perform modifications on this bicycle.

Maintenance History

Service:

Notes

Notes:

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